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We do have Emily on from legislator anchor office who is graciously taking the minutes for us. Thank you so much, very much appreciate it and Cynthia, do you want to start recording also up Sure.

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Okay tunnel for will officially start the meeting, and letters there and Chris coming in now.

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So again, thank you all for joining us. Happy Friday.

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We will have lunch that are anchor if she's able and ready to just have her remarks, so we'll take the agenda, out of order to be respectful of her time.

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So good morning, lunch, dinner anchor. Hi, good morning everyone.

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Computer situated. Again, I just want to thank everybody for participating being part of this, this wonderful group.

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meeting at that time but again Dorothy Emily. Thank you. You know, getting everyone together, I get the card so people that are going to participate. And I think, Emily, I think, are you copied or Dorothy's copied, but boy I kept getting cards, I'm like,

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And I think, Emily, I think, are you copied or Dorothy's copied, but boy I kept getting cards, I'm like, you know, I thought, you know, I think we had about 60 or so that participated around 60, there was 64 of us all on the card but that's wonderful

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to have us out you know and some of the staff out Yeah, and that's going to be hard because I, I go on people in with 30 people or 20 people but 60 people's lot, a lot of folks.

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So I do want to again not only say thank you I will be presenting you guys want some certificates of appreciation for the amazing work that you guys do and this this is going to go.

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There you go, Emily's going to show them off. And we will we will mail them out to you.

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Again, it's just a small token of my appreciation, our my office. Our appreciation for all the work that you do. And so again, Cynthia Beverly Allison Maria Claudia Colleen Robin Judith Christopher Lawrence and Ellen, we have some certificates for you.

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And again, we really appreciate all the work.

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If there's something we can help facilitate or maybe some issues we can help address.

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Just let us know. You know I just I just came from the Suffolk County medical societies legislative meeting needs to be a breakfast banana we was virtual.

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And it's just an open line of communication between the physicians and the elected officials and what's working, what's not, insurance, you know there's there's some, some things we need to tackle.

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But I will, I'm actually working with that association to create a database for Suffolk County to communicate with our physicians, because right now we don't have that ability, and that came about, you know, because of coded.

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Because there were other concerns of course in the community that I feel with technology, you know you got a phone, you know, here's.

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So we will will work towards that and get that all situated. I might jump in and just say that's a great initiative that the county's taken on and I think will be very beneficial for some of the resources that were able to come together to share to course

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positions as well and he may be updated statistics are the resources.

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as well and he may be updated statistics or other resources. So thank you for that information please keep us in the loop on one that's going to be up and running.

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And then I also just wanted to quickly ask is there any, any questions or Were there any follow up questions from the presentation of our 2020 annual report at the health committee or if there's any clarification on any of our suggestions or recommendations

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to the county around teen pregnancy and supports for at risk youth, right at this point.

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Not Not that I know of, but but again i think you know working with, you know, with your priorities and I guess that I'll get those from Emily and also Dorothy.

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I will will partner I mean that's that's the best part about government and before I was an elected official 10 years ago, I was I started an organization Community Health and Environment coalition, and it had to do with the cancer the high cancer rates

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in my, in my town Mount Sinai.

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And then from that I learned how to work with government. And the best way to get things done is just a partner partner with not for profits partner with residents with private businesses, and you really see things take off.

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Sometimes government gets in a rut.

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You know, I'm not blaming anyone in particular, but certain departments certain people someone retires that paper that should have been signed two months ago is still sitting on the desk.

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I've seen it I've heard it I've experienced in like so you have to shepherd things along, and some of the best ideas are the ideas that people thought there's no way this is going to happen.

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But they do and a lot has to do with again inspiration being around people talking getting ideas.

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And then just being persistent and just waiting until it happens and not backing down. And again, I think all these all your members for doing just that.

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So, yeah, thank you.

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You're very welcome. Okay so, so now you guys going to continue with your meeting. Yeah. Okay. All right, I'm gonna jump off right now I'm going to get to another, another thing but Emily's right here for you and she will fill me in so God, guys.

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God bless you, thank you again for all the work that you do. And, you know, we're here for you.

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Thank you so much for your time, and those kind of words.

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So we will thank you for coordinating our website anchor to be on.

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We will

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review the minutes.

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Emily has shared the minutes after our March 19 meeting. Has everybody had a chance to review those.

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They were very comprehensive so thank you.

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Thumbs up, be a little less intense now and with the transcription available as a heads up.

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Great.

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On the accessibility we're getting there. Right. You're doing a great job I appreciate it. Thank you. Any changes to the minutes. Any suggestions to have a motion to accept the march 19 meeting minutes.

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Allison.

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Second,

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Robin on their say I, I, I, I just checked in, we do have warm.

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Right.

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There's no membership on our agenda today.

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No membership items.

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And let's go into some old business website updates, Emily was sharing with me briefly that the video from the conference is in the process of being uploaded onto the website for people to view.

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Everything was sent over the video was too long so they are trying to break it up and upload it in segments, so she'll give us a heads up when that is completed so thank you Emily for keeping everything together and on the website as we have

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intended for things to be there so appreciate it.

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Any other thoughts on the website, or things that we should be adding.

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I would encourage everybody to take a look at the county legislative website look at our page, see if you have any suggestions, you know, we obviously we can add and take things down as we as we see that there's a need.

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So please keep us in the loop, even if it's between meetings.

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Annual Report presentation review, I did want to, I wanted to follow up with legislator anchor. They don't have any questions for us but I think under new business we should review our recommendations and our goals and see what our next steps are going

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to be. Are there any comments for those of you who are able to view the live stream of the presentation, any thoughts any comments, anything that we should be addressing.

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One thing that I would just suggest is is once we are able to find our receive our get up updated statistics, I think that's going to be really key in terms of sharing out.

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The summit review.

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What is everybody thoughts on how the summit went.

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Our first virtual summit.

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I thought it was really good. Cynthia, I just, I just had a daughter that maybe we could spend more time with their presenters before the summit actually starts to make sure.

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Well the equipment is working and internet is working.

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Because we had problems with the last one who I can't remember her name. Now, the last presenter. When I had it. Yeah, yeah, we had a little bit of problems with that.

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And I think if she had practice beforehand, you may have gone more smoothly.

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So, I know.

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But I think that suggestion is, is good and we can make sure I think this is every year even though we do, discuss our audience I think it'd be important just to reiterate that and just make sure that it's geared towards do it I think it was great information.

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In terms of Rene's presentation but maybe a little too much for our youth.

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However, I don't think there were many still on the call at that point anyway I think a lot of them had to jump off earlier.

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Other other thoughts.

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Okay, do you want to share.

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I do have the

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results from our survey so far.

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I'll share my screen. No see this. Yep. Okay, so we had a total of 17 people respond.

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And I'll scroll through.

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Slowly.

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We had about, we had three students complete it and 14 professionals.

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Why did they decide to join us.

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It's always a good learning, learning to new things interested in the topic.

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Learn about resources available to service the teams better information required from work, interested in the topic.

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Population I work with our single mothers or expecting mothers interested in hearing the different speakers and experiences.

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Some of the task force number.

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Helped me work with my clients and their families to be more effective on the board.

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Not a topic we usually see so this is still something, something new for for folks.

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Okay. The conference meet your expectations hundred percent yes, Those best part of the conference was

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mother and daughter duo. Real Story presented and have a story told by a person who wants to teen pregnancy and mom and daughter testimony, everything.

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Sam Michaela teen mom eight year old daughter, the statistic someone introduces a six every dot.

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I think that was from Dr. Hackett variety of speakers t mom recovery from trauma.

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Michaela someone like that it was virtual.

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All of that was great. The first two speakers Michaela and Sam, what improvements can be made, maybe changing the time to be earlier. Great nothing.

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As they said a result, there's always room for improvement.

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But not suggestions, there are non non habit in person next year, great webinar,

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have the presentations be more interactive.

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The last session felt at a place informative but think about it, didn't think of it was as beneficial as the others.

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Everything was perfect, none. So kind of mixed feelings here.

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Right, the speaker, Dr. Hackett good and excellent.

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What did you learn from Dr Hackett.

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The health disparities. I think this one was supposed to be for the trauma, third presentation the trauma something a child goes through. Sometimes it may lead to mental illness, it can explain some of the behaviors exhibited by the children premature

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labor is high on Latinas and black communities impact of a doula and midwives also number of teams who get care before pregnancy and during pregnancy.

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When the stressors that can lead to premature birth

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cases. Many times you are not taught things about being a parent such as simply being handed their baby at the hospital I thought that was a good point, you know, how do we how do we prepare our youth, how do we educate our youth, and our young, young

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parents and parents in general.

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One way racism manifest within the healthcare system shows as doctors not taking the concerns of their patients and origin way.

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Age also plays a role started focusing on hospital with doulas stats and doing the work.

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And it's real, it's a huge problem. So I think there's some, some things that we can take away from these comments for potentially next year or just things to focus on as a group.

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And maybe, maybe more advocacy on behalf of parents.

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Everybody loves them Michaela. I think the overall highlight

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comments of what they learned that people will judge you, but have faith in yourself and it doesn't matter what everybody else thinks they should not teen parents should not be feel scared or ashamed.

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Continue to go to school cream have dreams become a great mom, and also an example of things that are still possible achieved as a single parent pickup or SUV advocate, again with advocacy speaking up for yourself, so real and honest beat the odds Don't

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Don't let it be to label yourself No Limits good relationship with mother daughter.

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Surprise.

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That is possible overcome any sort of obstacle, more sensitive. And what a person needs

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The more sensitive on what a person needs strong women CVT cognitive behavioral theory.

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Best way to support team honest to be the best listener out there bond don't stop believing in yourself.

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You were very inspiring for a headache, kind of mixed reviews here.

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What did you learn.

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Keep your brain busy with activities such as exercise and games, how everyone is affected differently, and all grow for trauma I think they meant to say traumas and how our brain works with it.

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brain development and how it's influenced by experience, emotional response can be overactive and under active strategies to help healing the brain healing the traumas, through different coping skills, mindfulness,

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how our brains are affected by these stressors aces and recovery concepts, the pillars were mentioned.

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Carbon new experiences can be killed, play with their kids

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for a minute.

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Other topics for the future.

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premature babies,

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how to work with families who are resistant to help LGBT q teen parents birth control equity and anti racism.

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These are all good topics,

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financial health programs for teen parents, sorry.

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If you had attended the teen parents conference in the past which format Do you prefer again I think it's a little split here.

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However,

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some, actually it wasn't split so overall in person is requested. Those who had participated in the past only three wanted it virtually and six, it was not applicable towards

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something to consider. Please rate the registration process.

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Was it easy, nine people said agree somewhat agree to somewhat disagree about seven and one, you know, six disagree. So I think there was mixed feelings there I think it was pretty easy once you worked through the steps just slightly different than what

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we've done in the past. However, I think, overall, it was easy, and Emily you can correct me if I'm wrong, easy to track as people were registering and put into a spreadsheet.

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Yeah.

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And then we did.

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We get responses we did get a few responses from those students, and people who needed additional information or wanted to get the information some of some of the responses their thoughts on the feedback we got.

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You need me to scroll to a particular question let me know.

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I don't know why we haven't Use Survey Monkey in the past, it's pretty easy to use and they call its own information for us so that's something I'm going to do and take away from this next year, or moving forward.

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Cynthia, many professionals, and then how many students actually attended.

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I, to be honest, I'm not on the list. Last week was pretty busy week for me. Um, but, Gina was saying she had four, four girls on, and there were a bunch of them.

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A few from the mercy centers, I would say we maybe have between 10 and 20 youth, and majority were the professionals.

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How many in total.

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For the report from my report. 60 from Emily from your list they were about 60. What did you say 60 people but counting you Dorothy Michaela wasn't on the list and legislator anchor I counted 64.

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Okay.

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So like one third with students.

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I would, I would say less a little less than that, us. Yeah.

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Thank you.

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And I'll have to go sit down with our and kind of go through some of the names we do have some phones too so that made it difficult to decipher whether it was a student or professional.

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Any other thoughts on the conference. Sorry I'm not reading the chat units was asking you about attendance as well.

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You will then complete the survey what were your thoughts do you like it virtually did you do you prefer it in person. And this is something that we can consider moving forward for next year time of year, what's a better time of year we usually do this

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in December before the holidays, versus.

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May you know right before you know spring and summer right before the summer in the school year.

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And I have a question. Could it be in in person, and virtually for those who couldn't get there in person so that we could have even more attendance.

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I don't see why not. I think we would just have to look at where we're doing it, and how we could potentially live stream it, or maybe not even live stream but just happen to have a zoom somehow a zoom or something set up, you know, do that.

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Yeah.

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Hang on a second.

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about that.

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Sorry about that. So yeah, we can look into.

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Like our zooming and doing both for promontory but other thoughts about time of year other thoughts about

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the topics format.

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Gina says she wants to see a presentation about immigrate immigrant teams who are getting

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a couple years after they get to this country.

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So are you referring to.

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You want to know how many or do you want a presentation on how to prevent that from happening or what information they are receiving.

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One of the things that I have noticed, seeing is come back to school, they came back maybe in April late April.

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A few of our kids who are all virtual.

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They respect specialized students who were just, you know, easy targets for some of our older boys in the building or in the community.

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And they're pregnant, and they're, you know, they're just stuck in a bad situation, I had a young lady, this.

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Hold on.

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I'll be right with you know her, how long you gonna be another hour. Oh.

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Okay, thank you.

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Sorry about that.

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I have a young lady who has been here a year and a half. And last week she lost her baby. She was, I think four months pregnant. She had a miscarriage, and the baby's dad was affiliated with, with gangs and I, I've been seeing that more and more.

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And I'm wondering if it's part of an initiation or part of something that you know that that's happening much more because this year I'm seeing it a lot

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older gang members kind of targeting our young, you know, more fragile newcomers.

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Wow.

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So I'm here. So, general information on.

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What's the environment what's actually happening, how we can help prevent that from happening. I seen this more as a professional workshop by the especially if we have students on I wouldn't want to

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maybe I wouldn't want to silo them or in any way, they may but this is by no way no, it just isn't something that in our community we're dealing with.

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allied gang issues.

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And we have a lot of older kids in our building, who are 2021 and then we have ninth graders who are newcomers ninth and 10th graders and their, their role in the same building and they're all interacting and.

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No, no.

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So let me get roped in it's talking about signs of potentially initiations or signs of these younger individuals getting wrapped up in some with the older situation so yeah guys.

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Thank you.

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Judith you have your hand up.

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Yeah, so I'm just some feedback. So, I thought it was on this advisory board maybe it's not, maybe I was on another meeting. But the issue of.

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That was just discuss about individuals being preyed on.

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And there, that's not that I know it may sound new but it's, it's, it's more common than we know. And I do think that Cynthia what you made is a really good point is that we need to educate the adults around the youth.

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Because the, the, the, the youth are the victims so maybe we could look at

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how we frame it and how we word it because I would never want it to be a thing where it becomes a, how should I say, I'm going to be just totally transparent, I would be concerned on, we would need to really like like dig into this and see how we would

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present it because I wouldn't want it to be something where

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it may come across in the wrong manner that were either just focusing on students who are immigrants or newly here like I just, I think we would like me to like really hash that out and I think you're right about the part of it being on, and maybe I had

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the conversation with in a training I was with with etc Li because I had a student that we helped a net and I helped.

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Maybe when I first moved into the house, about 10 years ago and it was the same scenario she was a centralized high school student and her significant other was way older than her, and the mother was okay with it because he was paying money to live there.

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Yeah.

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So, um, and she was on her second child. When, and I stepped in to help her. So, I'm to the point that this is not a new issue and you know I'm sure you would agree with that and I know fabric was not on the call would say it's not a new issue that has

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been a consistent thing with some of the youth that we've served through EEOC. And maybe we it's twofold maybe we have a discussion with professionals and then we, we have to maybe this is something else that we can potentially do or don't promote just

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youth, preparing these younger girls and maybe it's not the girls that would come on a conference for teen parents maybe it's a general assemblies that need to happen or conversations that need to happen to empower our youth, and our young girls to say

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no, or how to protect themselves from these older situate older individuals and there were situations

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have the answers right now but it's something definitely we can continue the conversation.

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And I, you know, it is a lot of its cultural you know back you know countries we do

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a lot of young girls and no but the older boys so they can be you know because of financial reasons or poverty Whatever the case, and the parent education we have tried to do here.

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And I think that's something that we could really amp up from here forward because it is, is, you know, here's a big issue is definitely a big issue.

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Any other

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is to Porter still around and would she be able to speak on something like that. Yes, possibly, yeah. Mm hmm.

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Yeah.

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You know, I don't know if she has statistics on on the frequency of this particular scenario that we're talking about, but she can certainly give us some insight and maybe we bring her in a guest speaker to our next board meeting, to continue discussion.

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Yeah, yeah. Well maybe she'll even have a you know a referral for us. If she doesn't cover that.

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Yeah, yeah, I could certainly reach out to her.

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Her overall critiques or thoughts about the conference and how it went and how we want to see it moving forward.

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I think a lot has to do with funding, too. So we'll have to think virtually obviously was cheaper virtually. So maybe that'll kind of dictate which way we host it.

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If that doesn't have to end all be all we can see what what funds are available.

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But I do want to solidify maybe at what time of year do we like best because if we are potentially going to aim for a December time are we thinking December this year since we just did one in 2021 Are we good for this year and we just want to focus on

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2022.

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What are your thoughts on that.

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2013. Yep, I am kind of along the same lines as Judah.

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You know, we have a lot going on.

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Okay so, Judith and Maria, like spring

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I think maybe around the holidays, it gets a little too crazy. Although, on the other hand, around the holidays we usually would in person have a lot of gifts and raffles and things for our youth that are there, which was a nice thing for them, right

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before the holidays. So that's something to consider but again not the deciding factor.

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Okay, well we can table that discussion will for another meeting, and will aim for 2022 for next conference.

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A lot of time for that. All right, Moving on.

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And the other old business.

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Cynthia. Yes, I just want to thank you for your dedication and I just felt like you don't get enough of the thank yous you fearlessly the this board, and through the transition through the pandemic and I just want to say thank you so much for your, you

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know, and you to this while meeting the obligations that you'll see and being a mom and a wife, so I just want to say thank you truly from the bottom my heart.

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I couldn't do without all of you and I, I truly couldn't do it without the support from my staff and from definitely lives at lunch later sponsors office and I'm now with Emily and Darcy like it's been so great having the support and

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you all you know it's definitely. It's not my board it's our board so so thank you for all your support and for pushing through this year we didn't, you know we tabled a lot but we kept our mission going and we still have obviously work to do.

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So thank you for your, your dedication to everything here and the issue.

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To do that, to do is rock star status.

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Thank you. Appreciate that Robin.

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Thank you. Um, but again I can't do it without you also.

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Thank you for all your help and your input.

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I don't want to make all the decisions all the time.

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I agree I feel like we should give the team a pat on the back, having over 60 people on at a four o'clock, for two hours, even if people are only on for part I think that's huge success class.

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Yes, I agree, I agree, I agree. That's close to what where we are with in person you know not too far off so that that's a great point Allison Thank you.

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Okay, um, new business I just wanted to talk about our next steps, what do we want to focus on if we're going to, you know, kind of push the conference to 2022, we can continue those conversations maybe we bring in Jill Porter to continue that conversation

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in our next meeting.

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But what else do we want to focus on do we want to beef up the website do we want to continue to research, other videos that we had talked about, what are your thoughts on what you want to do I don't want to just meet to meet I want to, you know, have

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a have a plan of action.

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Okay, it's Judith again I'm sorry I'm after this, I'm not going to share anymore. No please.

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I think we all had some really awesome suggestions and gave some really awesome videos about making the website more of a resource.

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And I think that with what everyone just mentioned like.

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It seems like you know I hear the theme of like empowerment and education. So maybe we can look at,

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you know, beefing up the website but not only beefing up the website, I know I will do my part in making sure that I share the website on social media and with my network to kind of dry individuals to it, and then hopefully those individuals who are meeting

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with the young parents can also share that resource and information.

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That's just my feedback and suggestion continued work on the website and outreach and promotion of resources or assistance that could be provided to professionals and are you.

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Yes, because I don't know if you guys saw the news yesterday about the 14 year old young woman who

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gave birth gave birth to a baby walked into a restaurant and handed the baby over to someone sitting in the restaurant, and I'm grateful that you know she, she did that, and they said that part of the umbilical cord was still attached but the sad part

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is just to think about a 14 year old, giving birth by herself.

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You know, like that, that is, And I believe New Jersey has the safe haven, but I'm glad she was, you know, able to do that, they did say they found out because she walked off at the end and the baby.

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But they did find mother and child and according to the ABC News the child's going to be put up for adoption. I just want to make sure, because I definitely think in Suffolk we tend to miss the loop.

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And there are people were not reaching because there are people that are not on social media. So, I just want to make sure that people know that you know we're resource, and we have resources and we have awesome people here on this advisory committee

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who have a wealth of knowledge.

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And I just want to make sure we're, we're, we're getting out to the, the young people not only the professionals of that.

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And that's all I'm gonna say after

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There are, like I said safe havens are things that we need to promote car you gotta make sure we do that. Did you have a comment or sorry. Yeah, I was thinking, I think I know next year we don't really know if we're going to be doing a virtual conference

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or an in person conference but I think virtual it makes it harder to target teens and and you know people who are working i think i think it's it's easier maybe a little bit in person because you can do the breakout rooms a little bit easier.

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And should we think about maybe doing something smaller for the teens maybe even in addition like like a panel or a discussion like the mom and I forget Sam and I forget her name is Michaela Yeah, they, they wanted to make it interactive.

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Michaela Yeah, they, they wanted to make it interactive. And I think in person obviously would be better but even in a smaller group.

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The teams may be more interactive, that might even be able to do like a standalone so like a smaller something just for teens.

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And then, whether we do that as, as in person, or do it you know we could do something like that in the spring and something bigger and at Christmas time or the opposite.

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And then we won't feel like we have to like you usually feel like we're cramming everything in and then we have so many hours or so long. Yeah, I like that idea.

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Definitely.

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Like a fireside chat today.

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I'll call you back.

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Okay. Yeah, that's a great suggestion, and what I did was I wrote down all the suggested topics as well, that were given in the survey. And these are some things that we can talk about in each of our meetings in preparation for potentially doing a fireside

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chat kind of thing with our youth and then a professional conference I think that is great however I also think that maybe the conference could be for the youth, but, you know, give them that extra as Allison say because I know professionals do like that

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collaboration and that time with the youth, you know, in the conference but that's, again, that's something we can think about.

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But you're right logistically became hard for us to criminal and.

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Okay, so we'll continue with website outreach research into some of these topics that we can then bring to to everybody to the communities.

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Other thoughts

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or announcements.

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I'll just go ahead.

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Yeah, I just wanted one announcement actually sent me i think you know about this Stony Brook is going to be putting out a survey for LGBT q individuals, 18 and older, and for anybody who lives in NASA or shopping or is a student.

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So, probably targeting more college or, like, older high school students in NASA or Suffolk, and trying to just get more information about their living situation, their health situation, access to health care whether they've had good or bad experiences

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and it's completely anonymous online totally free.

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And we just got IRB approval yesterday. So we're hoping to roll it out starting the beginning of June, which will be coincides with pride month.

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And so once I have the flyers and everything is set up a sentence for Cynthia to send out. So if anybody has any list serves or meetings, or I don't know anybody and it's forget the exact where they're supposed to try to just pass it on.

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So if, you know, if someone takes it and they know other people in their friends group or work group or other networks and it's appropriate to they should just pass it on as well we're just trying to get a lot of information about the about the community

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in Nassau and Suffolk, thank you for mentioning that Allison and I should be getting those fires as well I was on the committee's for the development of it.

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I fought for getting youth involved in that you know in terms of serving youth but they wanted to target the older age for now, but it is will be important to get the feedback.

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So, yes, I will certainly share out any of the outreach and the survey links.

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When we get to get that come June, and, and yes, please promote it so that we can get as many people and maybe a memory that would that be something that we can post on the website and even share with the legislature in Stony Brook is not already doing

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that.

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I was wondering about that because I, they do have the presiding officer on the list. So there's a bunch of agencies and and offices and people who have signed on to help promote so I know I know I did see the presiding officer on the list so we could

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just from our end help promote.

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Yeah, so I had been involved actually kind of more in the later end zone now the API for the, for the submission to the IRB Oh great, I just I needed a physician on it.

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And the issue with under 18 was first it would take the IRB much much longer, and they thought there'd be a lot of concern or red tape and they really wanted to get this base of a, at least for the first round, making 18 and above that, as an adolescent

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medicine physician obviously not thrilled with but I guess we take what we can get and hopefully do that next round. Right.

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Okay and then I have just an announcement that I'll be sharing.

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For any of our, we have this summer youth connection through the county those programs will be July six through the week of ending August 20.

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In Bellport with the Boys and Girls Club Brentwood NCI locations to be determined. And within the districts, I actually have an 11 o'clock today with Brentwood

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wine damage. And I should say Wind Damage through the town of Babylon youth Bureau, and South hunting tip.

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So, I will certainly share information that comes through

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other announcements.

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Other comments.